

WKAO

Vernal Light by Tom Van Nortwick



Friday, April 26



April Birthdays!

25. Fran Cooper

28. Ann Fuller, Jan Larson, Linda Marshall

30. Linda Grashoff

Friday Fox & Fell Dinner



SOUP

Chicken Spinach Soup Carrot Ginger Soup

SALADS

Garden Salad Tabbouleh Salad

DESSERTS
Lemon Squares
Melon Cubes



Friday Fox & Fell Dinner

ENTREES

Lobster & Shrimp Pot Pie Moroccan Lamb Meatballs w/Tzatziki Spaghetti Squash Lasagna

ACCOMPANIMENTS

Couscous

Roasted Asparagus

Green Beans

The Langston Open Monday - Saturday

• Langston meal hours, Mon. - Sat.

Breakfast. 7:30 am - 9:30 am

Lunch. 11:30 am - 1:30 pm

Dinner. 4:45 pm - 6:30 pm

- Carry-out is available throughout the meal service.
- Open between meals with limited menu and beverages until 4:30 pm.

AUDITORIUM EXERCISE CLASSES Stretch and Strength Class



with Craig Maracci on DVD

Mon, Wed., Fri. 8:45 - 10:00 am Auditorium

POOL MONITOR times for FRIDAY



9:30-11:30am

Stay in Shape with Table Tennis



Wednesday, Friday and Sunday 10:00 a.m. to noon in Heiser Auditorium

Cognitive Issues Discussion Group



Meets every month, 4th Friday, to support residents, their families & friends with changing cognitive abilities.

Friday, April 26, 10:30am Education Center Training Room

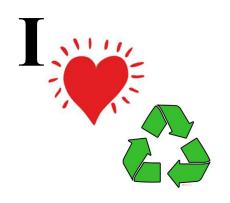
Pet Meet & Greet

Say hello to some Kendal fur friends & their people. (Enjoy some fuzz therapy!)





Friday, April 26, 11:15 am Heiser Lounge



News from the Recycling Committee:

Paper Recycling

Come for an update at the table by the windows.

Mon - Fri, April 22-26 Heiser Lounge



¿Habla español?

Join "Hora Feliz" for dinner and conversation!

Fridays, 5:30 pm Fox & Fell

Oberlin College Artist Recital Series



Silkroad Ensemble Uplifted Voices

Friday, April 26, 7:30
Finney Chapel

Sign up for Kendal bus

Tickets by phone 800-371-0178

Saturday Walk in the Park



Sandy Ridge Reservation

Sat., April 27
Meet at Heiser at 9:00 a.m

Catholic Communion

Saturday 3:30 pm:

<u>Communion Service</u>

Green Room



Please call Sue Palmieri 440-774-1191 for more information

Spring Fling 2024! In Praise of Pollinators



Saturday, April 27, 7:15
Heiser Auditorium



Sunday Afternoon Live Music

Oberlin Community Music School

Students perform music by under-represented composers

Sunday, April 28, 4:00 pm Heiser Auditorium

From Oberlin Conservatory



"Assimilation v. Integration in Music Education"

Chris Jenkins

Assoc. Dean for Academic Support, & Liaison to Office of Equity, Diversity, & Inclusion

> Monday, Apr. 29, 7:15 AUD & KOTV



Call for Nominees!

The KORA Leadership Development and Nominations Committee seeks your nominees for the 2025 KORA Council and LDNC.

Deadline – May 15.

Find Nomination Forms & Information under the KORA Bulletin Board.

Fabulous Finds! Kendal Resale Shop

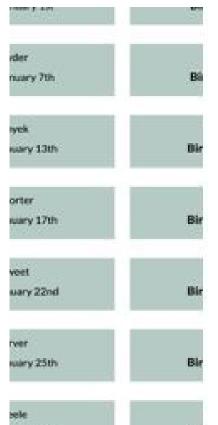


Designer 8-oz ceramic mug with shelf to hold tea bag and black rubber slot to secure string and label. Fun Fabulous Find for \$4!

Open Wed-Sat, 11-5.
Donations: 24/7



kaores.org



A list of birthdays of residents for the whole month is on the new KORA website!

It's under the "People" tab.





To email inquiries or requests for WKAO please use address wkao@kao.kendal.org

Do put event <u>date</u> in subject line.



