

Kendal  
atOberlin

WKAO

***Vernal Light  
by Tom Van  
Nortwick***



***Friday, April 26***



# **April Birthdays !**

**25. Fran Cooper**

**28. Ann Fuller,**

**Jan Larson,**

**Linda Marshall**

**30. Linda Grashoff**

# Friday Fox & Fell Dinner



## SOUP

**Chicken Spinach Soup**  
**Carrot Ginger Soup**

## SALADS

**Garden Salad**  
**Tabbouleh Salad**

## DESSERTS

**Lemon Squares**  
**Melon Cubes**



# **Friday Fox & Fell Dinner**

## **ENTREES**

**Lobster & Shrimp Pot Pie**

**Moroccan Lamb Meatballs w/Tzatziki**

**Spaghetti Squash Lasagna**

## **ACCOMPANIMENTS**

**Couscous**

**Roasted Asparagus**

**Green Beans**

# **The Langston**

## **Open Monday - Saturday**

- **Langston meal hours, Mon. - Sat.**  
**Breakfast. 7:30 am - 9:30 am**  
**Lunch. 11:30 am - 1:30 pm**  
**Dinner. 4:45 pm - 6:30 pm**
- **Carry-out is available throughout the meal service.**
- **Open between meals with limited menu and beverages until 4:30 pm.**

# **AUDITORIUM EXERCISE CLASSES**

## **Stretch and Strength Class**



**with Craig Maracci on DVD**

**Mon, Wed., Fri.**  
**8:45 - 10:00 am**  
**Auditorium**

# **POOL MONITOR times for FRIDAY**



**9:30-11:30am**

# **Stay in Shape with Table Tennis**



***Wednesday, Friday and Sunday***  
**10:00 a.m. to noon in Heiser Auditorium**



# **Cognitive Issues Discussion Group**



**Meets every month, 4th  
Friday, to support residents,  
their families & friends with  
changing cognitive abilities.**

**Friday, April 26, 10:30am  
Education Center Training Room**

# Pet Meet & Greet

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**Say hello to some Kendal  
fur friends & their people.  
(Enjoy some fuzz therapy!)**



**Friday, April 26, 11:15 am  
Heiser Lounge**



**News from the  
Recycling Committee:  
Paper Recycling**

**Come for an update at the  
table by the windows.**

**Mon - Fri, April 22-26  
Heiser Lounge**



***¿Habla español?***



**Join “Hora Feliz”  
for dinner and  
conversation!**

**Fridays, 5:30 pm  
Fox & Fell**

# Oberlin College Artist Recital Series



## Silkroad Ensemble

*Uplifted Voices*

**Friday, April 26, 7:30**  
**Finney Chapel**

***Sign up for Kendal bus***

**Tickets by phone**  
**800-371-0178**

# **Saturday Walk in the Park**



**Sandy Ridge  
Reservation**

**Sat., April 27  
Meet at Heiser at 9:00 a.m**

# Catholic Communion

*Saturday 3:30 pm:*  
*Communion Service*  
*Green Room*



**Please call Sue Palmieri 440-774-1191  
for more information**

# **Spring Fling 2024!**

## **In Praise of Pollinators**



### **Saturday, April 27, 7:15**

### **Heiser Auditorium**





# **Sunday Afternoon Live Music**

## **Oberlin Community Music School**

***Students perform music  
by under-represented composers***

**Sunday, April 28, 4:00 pm**

**Heiser Auditorium**

# **From Oberlin Conservatory**



## **“Assimilation v. Integration in Music Education”**

**Chris Jenkins**

**Assoc. Dean for Academic Support,  
& Liaison to Office of Equity,  
Diversity, & Inclusion**

**Monday, Apr. 29, 7:15**

**AUD & KOTV**



# **Call for Nominees!**

**The KORA Leadership Development and  
Nominations Committee seeks your  
nominees for the  
2025 KORA Council and LDNC.**

**Deadline – May 15.**

**Find Nomination Forms & Information  
under the KORA Bulletin Board.**

# **Fabulous Finds!**

## **Kendal Resale Shop**



**Designer 8-oz ceramic mug with shelf to hold tea bag and black rubber slot to secure string and label. Fun Fabulous Find for \$4!**

**Open Wed-Sat, 11-5.  
Donations: 24/7**



# kaores.org

**A list of birthdays of residents for the whole month is on the new KORA website!**

January 1st	Bir
January 7th	Bir
January 13th	Bir
January 17th	Bir
January 22nd	Bir
January 25th	Bir
January 28th	Bir

**It's under the "People" tab.**



WKAO

To email inquiries or requests for  
WKAO

please use address  
[wkao@kao.kendal.org](mailto:wkao@kao.kendal.org)

Do put event date in subject line.

