

Date: Tuesday, April 16, 2024
To: Kendal at Oberlin Community
Subject: [Kendal at Oberlin Weekly News Update](#)

Reminder, Courtyard Garden Access Change Due to Construction: As a courtesy reminder, the **Medical Secretary (MedSec) and RN Nurse Manager Hub** area in the Stephens Care Center, including the **pass-through to the Courtyard Garden, will be closed for renovation starting next week.** The MedSec and RN Nurse Manager will be temporarily relocated to Whittier 500 during the construction. The **Courtyard Garden will only be accessible through the doors off the Pool/Exercise Room hallway** until sometime in August.

Speaking of the Pool/Exercise Room hallway... Please come get your Plants: If you have wintered a plant in the Pool and Fitness Center Hallway, please take a moment to come and get it. With the closure of the Medical Secretary and RN Nurse Manager area and the Courtyard Garden access from that point, we will have increased foot traffic through this hallway – so it would be a good time for your plants to rejoin you in your cottage/apartment. Thank you!

Speaking of the Courtyard Garden... Spring has sprung in the Courtyard Garden, including tulips are in full bloom! Be sure to enjoy this gem and the beautiful weather we are having. And while you're there, stop by to visit fellow residents in the Stephens Care Center, too!

OTHER ANNOUNCEMENTS

Fitness Center updates: Here are a few classes that we would like to spread the word about!

- For those of you interested in **Chair Yoga**, please come to the **Jameson House activity room Monday and Wednesday** at 2pm.
- For those who wanted a chair class in the afternoon, make sure you try the **Sit Fit** class on **Tuesday and Thursday** at 2 pm.
- And be sure to try the **Stretch and Meditate** class on **Fridays** at 2 pm.

As follow up to the resident "March Health and Fitness Newsletter" about the Sit-to-Stand test: the Fitness Department wants you to know that we do that test as part of our standard fitness assessment. If you would like to have this test, as well as a personal program to fit your goals, contact us at 440-775-9851 or email Jill Tvaroha at jtvaroha@kao.kendal.org.

KORA Council is **Thursday, April 18** at 10 am in the Auditorium.

Night at The Bee: this **Friday, April 19**, the Kendal team known as Wordly Wise competes at United Way's annual fund (and fun!) raiser. Kendal bus will leave at 4:30 pm for the evening dinner event at the Spitzer Center at Lorain County Community College. Event tickets are \$45 available at <https://uwloraingcounty.org/aniightatthebee/> (or at the door if space still available). For further info, contact Kim Preston.

Two handbell concerts this Sunday! (1) Plan to attend Kendal's Bel Canto concert on **Sunday, April 21** at 11:30 AM at First Church in the Fellowship Hall (their community room.) Take the Kendal bus or park behind the church. (2) Then at 4 pm, Celebration Ringers of Strongsville will perform in Heiser auditorium. Their concert will include some familiar rock songs. Kendal resident Betsy Allen is a member of Celebration Ringers. All are welcome.

CandooTech training on "Using the Camera/Photos App on iPad/iPhone": next week on **Tuesday, April 23** at 1:00 pm. Residents who would like to meet for the lesson, come to the Education Center Training Room. You can also join the Zoom meeting individually at <https://us02web.zoom.us/j/88640164622> Meeting ID: 886 4016 4622. Any questions, please contact Don Mulica (440-775-9875) or Judy Miller (440-776-5011).

Reminder: Arbor Day events:

- "Clear Day Thunder: Rescuing the American Chestnut" – a new documentary film that tells the story of the American Chestnut – will be shown:
 Tuesday, 4/16 at 7:15 pm – Auditorium (open to the public) and on KOTV
 Wednesday, 4/17 at 5:00 pm – WSCC
 Thursday, 4/18 at 3:00 pm – WSCC
 Friday, 4/19 at 2:00 pm – WSCC
- "Celebrating the American Chestnut" on **Tuesday, April 23, 2024** – open to the public.
 10:00 am – Chestnuts in America. Dr. Greg Miller, in the Auditorium
 1:00 pm – Chestnut Walk on Wildflower Hill: meet on the perimeter path between Lot 4 and Lot 5. Dress for a hike.
 2:00 pm – American Chestnut planting: Wildflower Hill

New Resident Introductions rescheduled: The Newcomers Committee has postponed the new resident introductions on KOTV. Originally scheduled for April 17 at 4:00 pm, it will instead be on **May 15** at 4 pm. (Shared by Sharon Furrow)

Cleveland Museum of Art Trip "Big Bus Trip" on June 4: Africa & Byzantium + Fairy Tales & Fables: Illustration and Storytelling in Art + other exhibits. Details about the exhibits are attached to the sign-up form by the open mailboxes, and on the CMA web site. Bus leaves on **Tuesday, June 4** at 9:30 am & returns to Kendal about 3:30 pm. Cost \$35.00 per person. Secure your space on the bus with a check to KORA, placed in open mailbox #93 **by May 3**. Sorry no refunds after May 4. Note that the Africa & Byzantium is a ticketed show. Purchase your tickets online at <https://ticketing.clevelandart.org/> Questions? Contact Gerry Findlan

Ohio Light Opera update: All the seats on the Kendal Bus to Ohio Light Opera's "Guys and Dolls" on **June 25** are taken. If some of the seats become available, a new signup sheet for the seat(s) will be put out by the open mailboxes.

Israeli-Palestinian conflict: If you are interested in joining a study group/book club on the history of the Israeli-Palestinian conflict, please contact Arlene Dunn (acornarlene@gmail.com or (440) 420-9661). This is not primarily about the current war in Gaza, but more about the historical context.

Privacy Concern: The Ohio Residents Database (ohioresidentdatabase.com) contains public info based on the State of Ohio's records of registered voters. You may wish to review your

info; and directions for opting-out are at the bottom of the home page. It may take several weeks for the opt-out to be processed. (Shared by Mary Clare Beck)

HUMOR

<p>The biggest joke on mankind is that computers have begun asking humans to prove they aren't a robot.</p>	<p>If I am ever on life support, unplug me and plug me back in and see if that works.</p>
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HEALTH NEWS / STATISTICS

Our nearly-six-week stretch of having no new COVID cases has been broken, as one person reported positive during the last week. That person is on the last day of their isolation as of today.

KaO COVID STATISTICS as of 4/16/2024		
KENDAL AT OBERLIN - COVID CASES	Increase since last week	Cumulative since March 2020
Residents		
Independent Living Resident Cases	1	126
Stephens Care Center - Residential Care	0	45
Stephens Care Center - Skilled Nursing	0	4
<i>Residents Subtotal</i>		175
Staff		
SCC Staff and Volunteer Cases	0	149
Other Staff Cases	0	107
<i>Staff Subtotal</i>		256
Total Residents + Staff	1	431
Current # in Isolation, COVID Positive		1